

VALENTINE
YOGA + COACHING

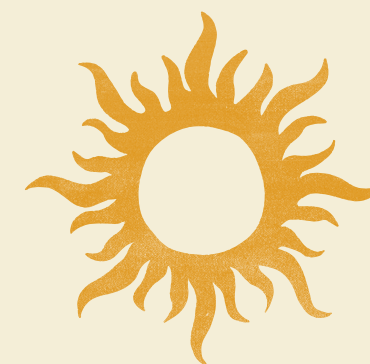
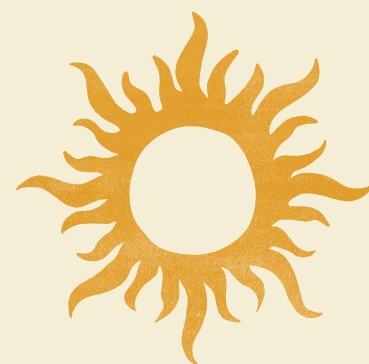
VALENTINE LEONARD, PH.D & E-RYT 500 PRESENTS

untame

A BAREFOOT RESET + RELEASE RETREAT

TULUM, MX - FEB 28 TO MARCH 6, 2026

WWW.REALLYGREATSITE.COM



We come
together in Yoga,
creative writing,
sacred
ceremonies,
dancing,
breathwork and
connecting
deeply with
nature, spirit, and
each other.

REIGNITE THE SPARK!



JOIN US FOR A
NOURISHING
JOURNEY OF
COMMUNITY



EMBODIMENT
CREATIVE
UNLEASHING



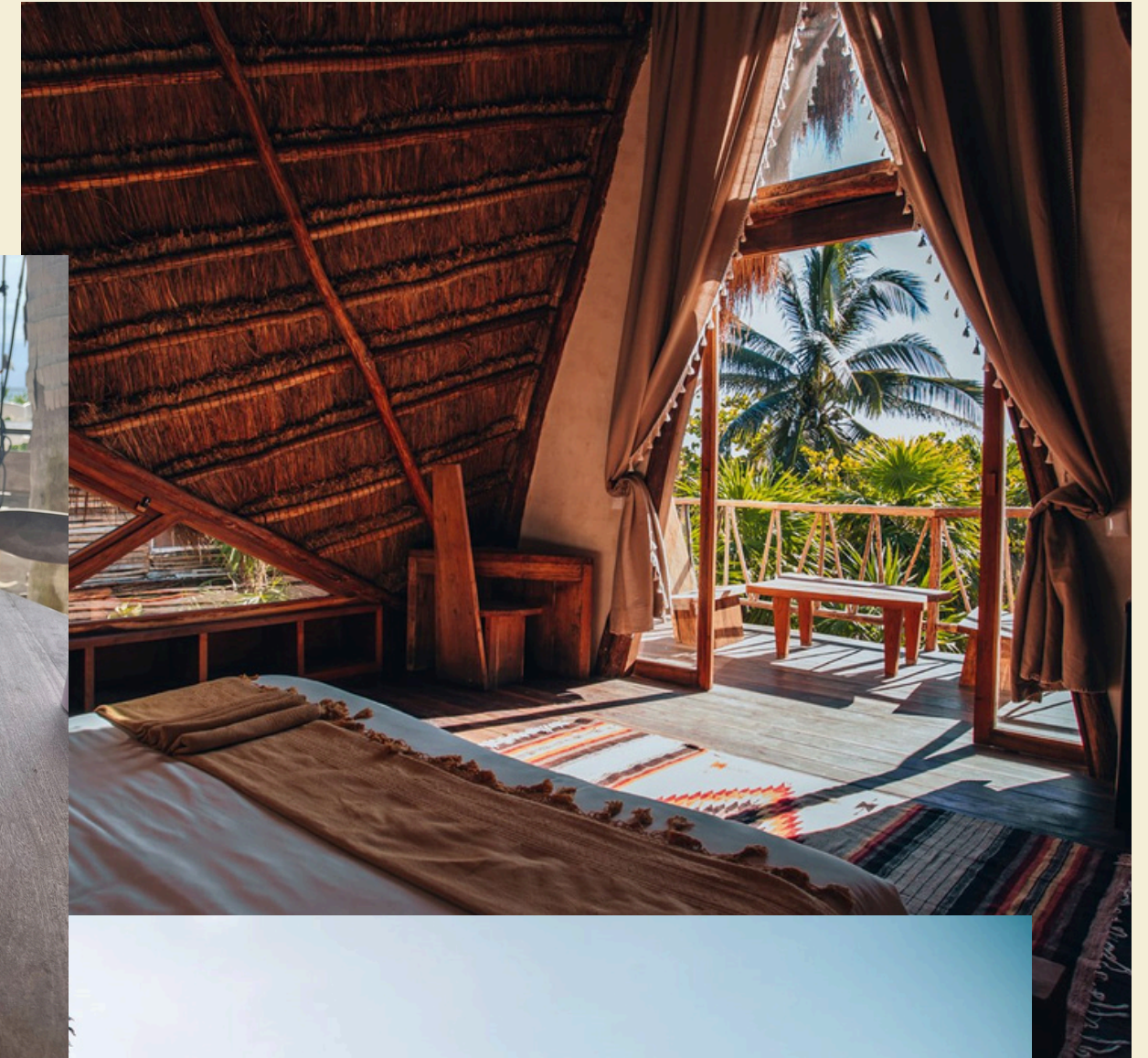
RECLAIMING BLISS
AND AWAKENING
TO YOUR
DESTINY!

YOU WILL CHANNEL THE WISDOM THAT RESIDES
INSIDE YOU TO INTEGRATE MAGIC INTO YOUR DAILY
LIFE, FOSTERING WHOLENESS, AUTHENTICITY,
BALANCE, CREATIVITY, AND A LIBERATED SPIRIT.

IKAL Tulum Hotel will be our sacred home by the warm, healing waters of the Caribbean sea.

IT IS A BAREFOOT LUXURY HOTEL IN TULUM'S BIOSPHERE RESERVE, A FEW MINUTES WALK FROM THE ANCESTRAL POWER VORTEX, WORLD-RENOWNED MAYAN SITE OF THE TULUM RUINS.

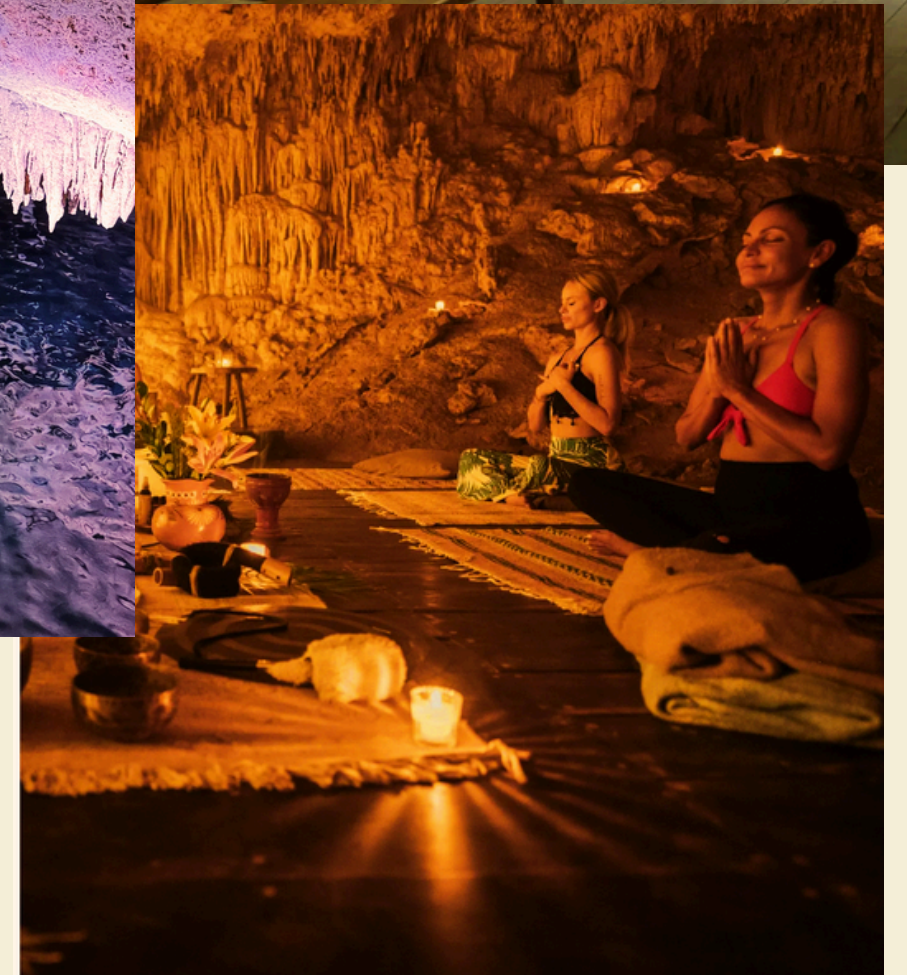
THIS WILL BE THE STUNNING BACKDROP FOR A GETAWAY TO REJUVENATE YOUR SENSES, REVITALIZE YOUR BODY, RESET YOUR MIND, RE-IGNITE YOUR CREATIVITY, AND RECALIBRATE YOUR SOUL!

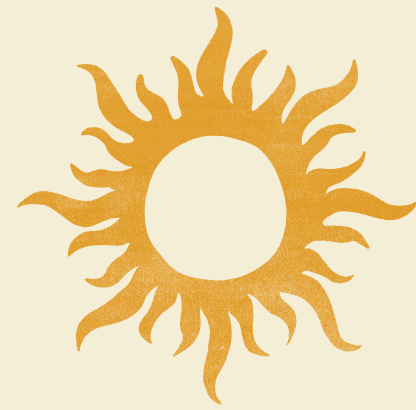
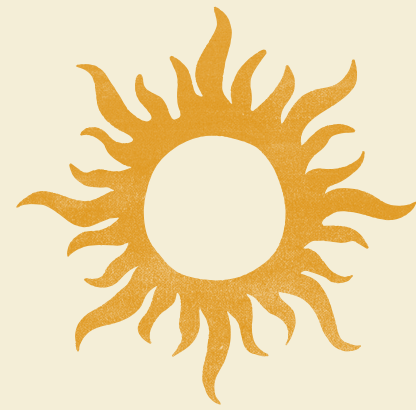
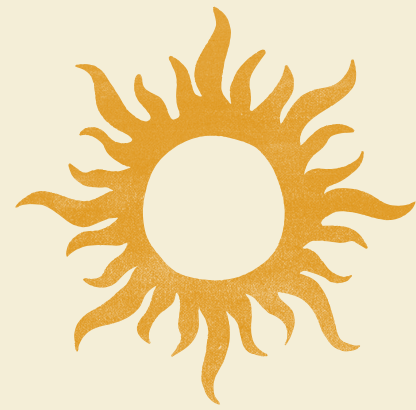


Our last day and night will be spent at Naum Jungle Retreat

IMMERSED IN NATURE, WHERE STILLNESS AND BEAUTY
BECOME THE HIGHEST COMFORT, THIS SANCTUARY
EMBRACES YOU WITH ELEGANCE AND TIMELESS CALM BY
THE SACRED CENOTE,

LUXURIATE IN A SOUND HEALING BATH INSIDE THE
PRIVATE CENOTE. & SWIM IN THE CRYSTAL CLEAR
WATERS OF THE CAVE CREATED BY RAINWATER
SEEPING THROUGH THE POROUS LIMESTONE ABOVE





Why this is for You



3. EXPERIENCE
PERSONAL GROWTH
4. LEARN ANCIENT
WISDOM

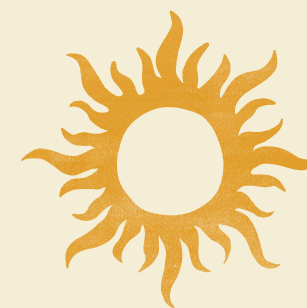


1. REVITALIZE YOURSELF: STEP AWAY FROM YOUR DAILY ROUTINE, AND IMMERSE YOURSELF IN A NURTURING ENVIRONMENT DESIGNED TO STRENGTHEN YOUR BODY, REVIVE YOUR SPIRIT, AND ENHANCE YOUR SENSE OF FREEDOM.
2. CULTIVATE COMMUNITY: FORGE DEEP CONNECTIONS WITH PEOPLE FROM DIVERSE BACKGROUNDS, CREATING A SUPPORTIVE AND EMPOWERING COMMUNITY.
3. EXPERIENCE PERSONAL GROWTH: ENGAGE IN PRACTICES THAT FOSTER CREATIVITY, SELF-DISCOVERY, HEALING, PERSONAL TRANSFORMATION, AND THE FREEDOM TO BE YOUR TRUE SELF.
4. LEARN ANCIENT WISDOM: GAIN VALUABLE INSIGHTS AND TOOLS FROM ANCIENT TRADITIONS TO HELP YOU RECONNECT WITH YOUR OWN INNER POWER, WISDOM, AND SELF-LOVE.
5. INTEGRATE NEW PRACTICES: TAKE HOME PRACTICAL TOOLS AND TECHNIQUES TO INCORPORATE INTO YOUR DAILY LIFE, ENHANCING YOUR WELL-BEING, BALANCE, AND PERSONAL FREEDOM.
6. EMPOWERED BY THE MAGIC OF OUR SHARED JOURNEY, EMERGE READY TO INFUSE YOUR DAILY LIFE WITH AUTHENTICITY, LOVE, AND FREEDOM. RETURNING HOME WITH MANY TOOLS TO BE YOURSELF AND MAINTAIN BALANCE. BRINGING YOUR RADIANCE TO SHINE BRIGHTLY IN HOW YOU LIVE.

1 REVITALIZE
YOURSELF
2 CULTIVATE
COMMUNITY



5. INTEGRATE NEW
PRACTICES
6. COME HOME
EMPOWERED BY
THE MAGIC



what past participants say

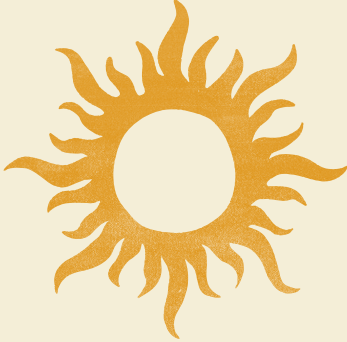
"BEST RETREAT EVER!"
CYNDI

"A MAGICAL JOURNEY TO A
FAR OFF LAND TO FIND
YOURSELF ALONG WITH A
GROUP OF FELLOW SEEKERS—
DONT HESITATE TO SIGN UP!"
MELISSA

"LIFE CHANGING, MUST TRY!
BEAUTIFUL LOCATION, GREAT
CLASSES AND ACTIVITIES,
GREAT FOOD, GREAT
COMPANY. GOOD FOR THE
BODY AND THE SOUL"
HELENE

"I AM LEAVING THE RETREAT
WITH CLARITY AND FOCUS.
MOST IMPORTANTLY
REMOVED SOME OF MY
LAYERS."
~STEVE

If you hear the call,
we hope you will
answer it!



valentinephilos@gmail.com



Want to join us? Book a call with Valentine

